



Age Divisions 5-6 and 7-8 Play Book
OFFENSIVE COACHING STRATEGY

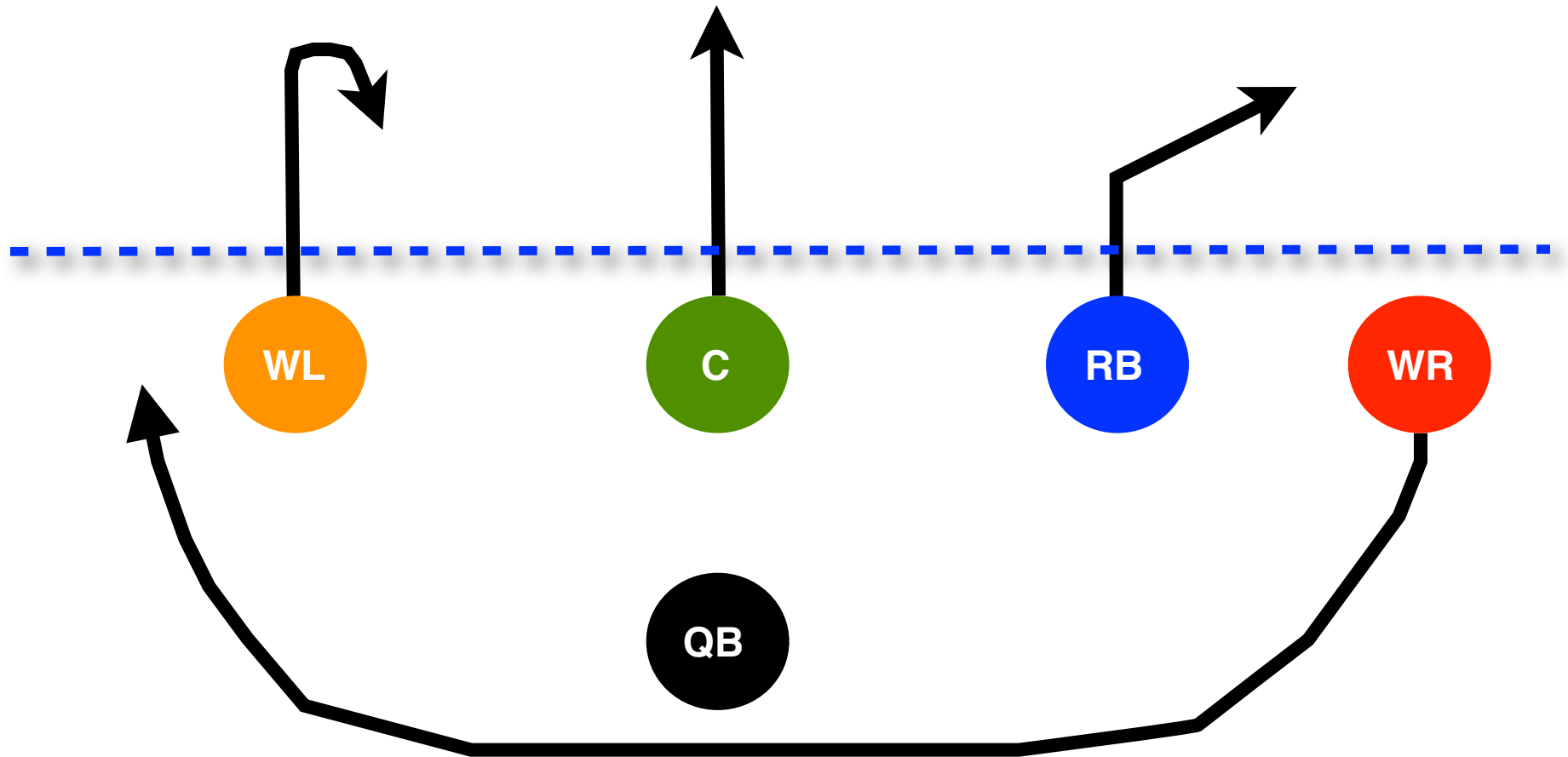
FIRST DOWN !

1. Use a color coded system with 1 play per page
2. Assign each player a color for the day
3. Huddle your team and ask them to point to their player (color) on the play
4. Quickly explain the play for that down
5. Break the huddle and run the play
6. REPEAT STEPS 3,4,5 for Each Play.

Advantages to this system are that the players do not need to memorize your plays, they can focus on their “color” or position, and can be executed very quickly.



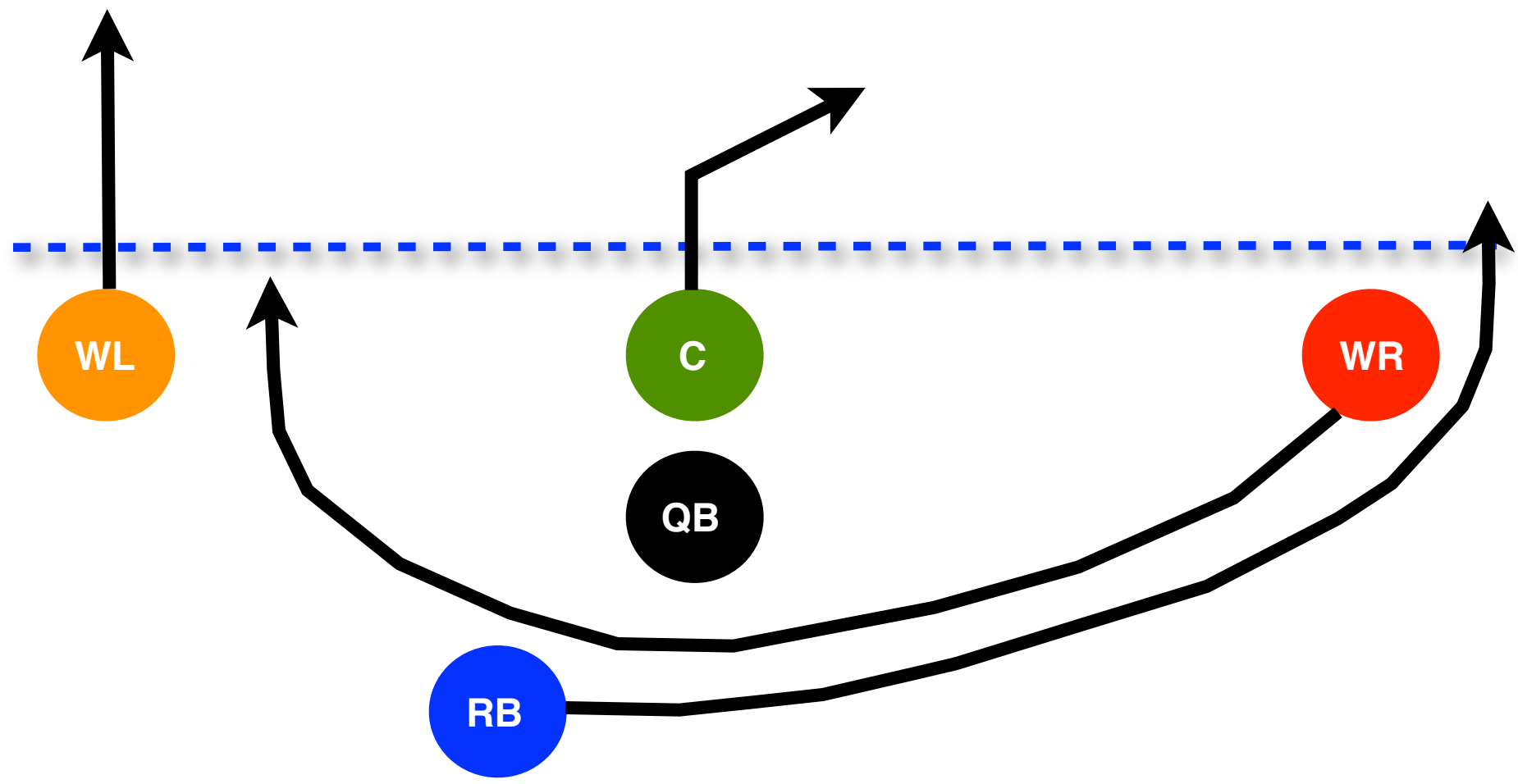
STATUE OF LIBERTY



OPTION 1: Pass to ANY
OPTION 2: Handoff to RED

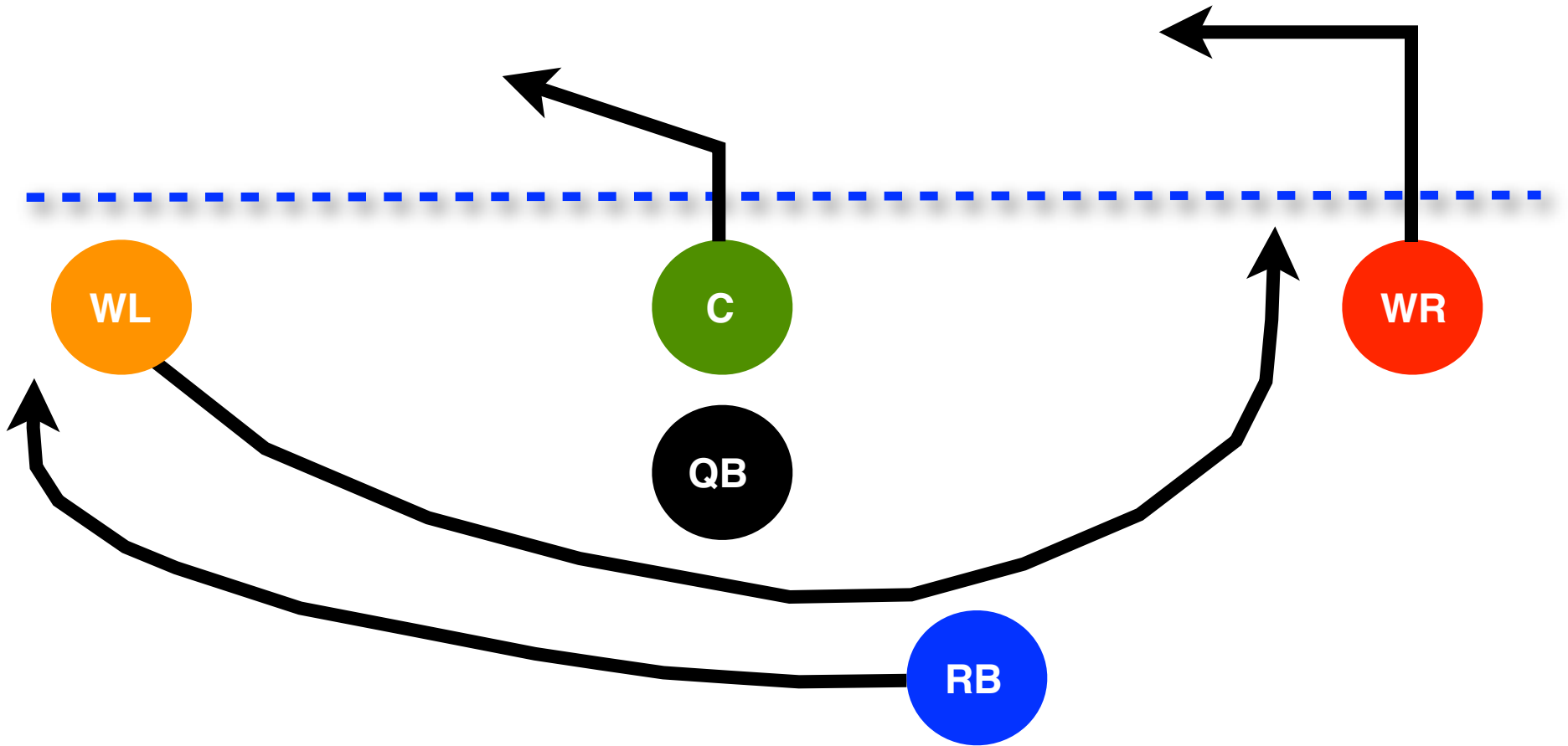
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RED REVERSE



OPTION 1: Hand Off to BLUE (keeper)
OPTION 2: Reverse to RED

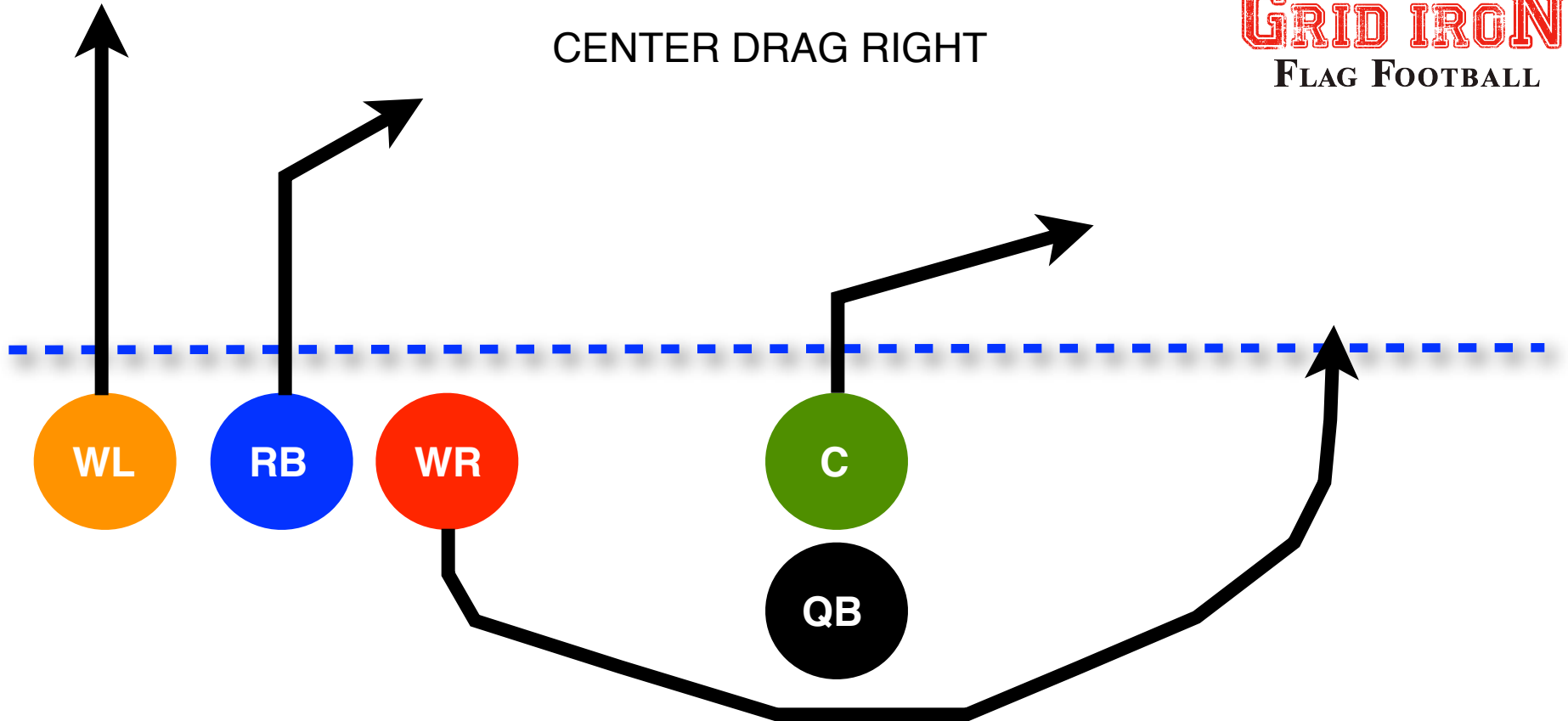
ORANGE REVERSE



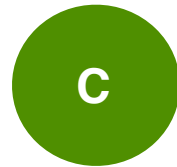
OPTION 1: Hand Off to BLUE (keeper)
OPTION 2: Reverse to ORANGE

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CENTER DRAG RIGHT



OPTION 1: Hand Off to RED
OPTION 2: PASS to GREEN



Create Your Own Plays

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